

Great Spirit

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Choregraphie par : Sobrielo Philip Gene, Jo Kinser, John Kinser, Jonas Dahlgren & Johanna Lodin

Description : 32 temps, 4 murs, Intermediaire
Facile, Février 2019

Musique : Great Spirit by Armin van Buuren and Vini Vici



Intro: 32 counts – Tag: After wall 8 (12:00)

S1: CROSS BALL HEEL X2, STEP TURN ½ , KNEE POPS

1&2& RF cross over LF (1), LF step L (&), R Heel diagonally fwd R (2), transfer weight to RF (&)

3&4& LF cross over RF (3), RF step R (&), L Heel diagonally fwd L (4), transfer weight to LF(&)

5-8 RF step fwd (5), ½ turn L (weight RF) (6:00) (6), Pop both knees fwd (7), Pop both knees back (8)

S2: AND, WALK X2, SLIDE HITCH X2, ¼, SIDE TOGETHER

&1-2 LF step next to RF (&), RF step fwd (1), LF step fwd (2)

3-6 RF slide R (3), Hitch L Knee Up (4), LF slide L (5), Hitch R Knee Up (6)

7-8 Turn ¼ R and step RF side R (9:00) (7), LF step next to RF (8)

S3: OUT, OUT, HOLD, ELVIS KNEES R&L, FULL TURN ROLLING VINE, SIDE SHUFFLE

&1-4 RF step R (&), LF step L (1), Hold (2), R Knee in (3), Transfer weight to RF & L Knee in (4) (weight on RF)

5-6 Turn ¼ L and step LF fwd (6:00) (5), Turn ½ L and step RF step back (12:00) (6)

7&8 Turn ¼ L and step LF side L (9:00) (7), RF step next to LF (&), turn ¼ L and LF step side L (8)

S4: JAZZBOX ¼ R, STEP ¼ TURN L SLOW

1-4 RF cross over LF (1), Turn ¼ R and step LF back (2), RF step side R (3), LF step fwd (12:00) (4)

5-8 RF step fwd (5), turn slowly ¼ L and transfer weight to LF (9:00) (6-8)

TAG: Happens Once after Wall 8 facing 12:00

TS1: GET READY FOR TAG

1-8 Get in place for tag, place feet together with weight on both feet and arms by side

TS2: ARMS OUT X2, IN X2, FORWARD X2, CROSS ARMS, SIDE, ¼ TURN R

1-4 R Arm extended to the right (1), L Arm extended to the left (2), R Arm on chest (3), L Arm on chest (4)

5-6 R Arm extended fwd (5), L Arm extended fwd (6)

7-8 Cross both arms over chest (7), place arms by side and pivot 1/4 turn R on your heels feet together (8)

TS3-TS5: REPEAT S2

TS6: REPEAT S2 WITHOUT TURNING

1-7 Same as S2

8 Place arms by side (8)

TS7: STEP HITCH X2, WALK FWD X4 WITH ARMS

1-4 RF step R (1), L Knee hitch (2), LF step L (3), R Knee hitch (4)

5-8 RF step fwd (5), LF step fwd (6), RF step fwd (7), LF step fwd (8)

Arms: R elbow R (5), L elbow L (6), R elbow R (7), L elbow L (8)

TS8: STEP HITCH X2, WALK BACK X4 WITH ARMS

1-4 RF step R (1), L Knee hitch (2), LF step L (3), R Knee hitch (4)

5-8 RF step back (5), LF step back (6), RF step back (7), LF step back (8)

Arms: R elbow R (5), L elbow L (6), R elbow R (7), L elbow L (8)

TS9: RUN AND CHANGE POSITIONS ON THE FLOOR

1-8 Run in optional direction. Finish on LF facing the starting wall.

(173)